

## Customer Spot Light

If your out in downtown Cincinnati and looking for a spot for breakfast or lunch let me recommend The Wich on Sycamore. The Wich located at 425 Sycamore has delicatessen sandwiches and freshly made soups to cure your appetite. If your watching your diet they can help you still with low calorie items and fresh fruit. You can come in and enjoy breakfast or lunch in their warm friendly environment or get your order to go. The Wich also does catering for your office party or meetings. Give them a call at 513-421-9424 for additional information

**The Wich on**  
SYCAMORE  
breakfast • lunch • catering

**25% off breakfast or lunch  
expiration August 30, 2011.**

### ProAlert Security Systems, Inc.



Business • Residential • Burglary Detection  
Fire Protection • 24 Hour Monitoring



**PROALERT**  
Security Systems, Inc.

P.O. Box 53245  
Cincinnati, Ohio 45253

Phone: 513-353-3141  
Fax: 513-245-2377

Security is  
What We Do.



We're on the web!

[www.ProAlertSecuritySystems.com](http://www.ProAlertSecuritySystems.com)

Volume 2, Issue 4

August 2011



PROALERT SECURITY SYSTEMS, INC.

# The Silent Signal News<sup>SM</sup>

## Mold in the Home

The symptoms that mold produces in your home are very subtle and can start with respiratory difficulties and allergy like symptoms. Mold is stealthy and will slowly creep into your home and create havoc with your family's health. In fact, as your health slowly declines, you might not even notice that you aren't as healthy as you used to be. Symptoms get worse after prolonged exposure to mold and mold spores. Mold, fungus, and mildew are all practically the same. They are formed by airborne microscopic spores that attach themselves to a moist food source. Do you have drywall, wall paper, wood frame, carpet, humid bathrooms, a basement or attic? If you said yes, you need to be aware that constant exposure of moisture to any of these items can be a breeding ground for mold. Mold feeds on cellulose, wood based, organic material. It can feed on house dust! It can feed on the paper covering of drywall! Mold will feed on any fabric, anything organic, and many of the items that are in your home and items that comprise your home. Some types of mold will have a stale musty odor that you might be able to find in a damp basement.

Mold is a single cell organism produced by spores. When these single cells group together and reproduce, you will notice a mold spot somewhere. That spot you see means there are thousands of cells comprising that spot which is basically a colony. These colonies can produce millions of spores that can float on any air stream throughout the house. Mold spores can travel through the air and land in another spot and grow. Mold spores do not die on their own. They can land anywhere and remain dormant until exposed to moisture which starts their growth and reproduction. This can be a serious problem in newer homes that are insulated well and made air tight. Lack of

proper air circulation will lead to moist environments that mold thrives on. Also, the air tightness in most homes means that mold spores aren't blown away out of your home. They are spread throughout your home and continue growing and reproducing causing a population explosion.

Have you ever noticed that as autumn ends that your yard's grass becomes dormant and then in the spring after some sunshine and rain it begins to thrive again? Mold will go dormant as well. So, if you had a leak in your bathroom, fixed it, and then cleaned up the mold, you probably will still have mold spores within the walls or the floor. The reason is, that the mold will go dormant due to the moisture being cut off, but it won't die! Mold spores can be killed with certain products specifically designed to kill them off such as oxygenated bleach or MoldX. Also, direct exposure to an ultra violet germicidal lamp like in some newer heating and air conditioning return ducts can kill mold spores.

Some typical health mold symptoms are:

- Stale musty odors, in the bathroom, laundry, basement, attic, walls.
- Headaches or migraines that occur on a weekly basis.
- Musty smelling towels or clothing that was just washed.
- Stale air conditioning or furnace air.
- Speckles or splotches on the home water filter or water softener tanks.
- White/gray crystalline substances on basement walls.
- Damp cardboard in the attic, garage, or basement.
- Strange health problems that the doctors can't seem to identify a cause.
- Runny nose, red eyes, tired eyes, itchy eyes and nose, sniffles or throat frequently irritated.
- Sinus headaches, sinus pressure.



# Some Words from a Potential Burglar

Some of these items were told by former burglars.

1. Thanks for letting me use your bathroom while I was working in your yard last week. While I was in your house I unlatched the bathroom window to make my break in of your house easier when I come back later.
2. I will leave an extra pizza flyer laying on your porch to see if its removed. If its not I can be sure your not home and probably on vacation. I also look for the extra newspapers sitting around too.
3. If it snows while your out of town have a neighbor make tracks near your doors and mailbox. It makes your house look like someone is home. Virgin snow drifts are a dead giveaway your not there.
4. If you have decorative glass on your front door and your alarm system keypad is visible and its red light is not on, I know you're an easy target.
5. I will usually knock first and if you answer, I will ask directions somewhere or offer to clean you gutters. Please don't get my description or my license plate number and call the police, I'm just working

## Mold Continued (from Page 1)

- Unnaturally tired.
- You feel better after having been away from the house for a period of time.
- You get these ill effects only on weekends (because you are at home more).
- Idiopathic (makes no sense) illnesses, mixed with more chronic (long term) health problems.
- Constant allergies problems

Most of the symptoms take time to take hold within your home. If you believe you are seeing any of these symptoms, or an increase in these symptoms then you need to locate and eliminate possible source of mold in your home. Sometimes it is not obvious. Look in your basement for any boxes sitting on the floor. The bottoms have been wet and mold might be growing. Do you see

the neighborhood to find a home to burglarize.

6. If I do get into your home I always look in sock drawers and dresser drawers. I won't have time to break into your safe but if I can take it with me I will, so please don't bolt it down.
7. I don't care much for lights so please leave them off especially on the back of your home. If I make some noise I am afraid the neighbors or a passer by might see me.

### Find us on Social

ProAlert Security Systems can be found on FaceBook and Twitter. Our Twitter name is ProAlertSecSys.

You can find the link to icons on our web site [www.ProAlertSecuritySystems.com](http://www.ProAlertSecuritySystems.com).

Although still under construction stop by and vote to like our FaceBook page. You can follow us on Twitter for up to tidbits of information.



any dark or discolored drywall anywhere? Look under sinks for plumbing leaks near wood. Check storage areas in a closet or crawl space in your home. Once located you need to discard the items and thoroughly clean the area it was found in with a mold disinfectant. You can also purchase mold test kits to check the level of mold in your home. These test kits can be found online or at a local home improvement store. Mold contamination can seriously affect the resale value of your home depending on the severity of it. Mold has become a newer greater concern that the asbestos problems of years past. Asbestos won't reproduce and grow like mold can.

## BUSINESS REFERRAL PROGRAM

If you are a monitored customer of ProAlert and know someone else looking for a security system for home or business, please remember to refer them to us. Whether it's a fire alarm or security alarm please send them our way for a quote. ProAlert will thank any monitored customers by providing three months free monitoring service for any referral for a security system installed and monitored by ProAlert. This referral client must inform us of your name so the monitoring credit can be awarded to you. If you provided a referral in the past and did not get the credit, please call the office so you can receive it. Remember the new client must provide us with your name. Thanks for your support!

### Is Your Contact Information up to Date?

When Central Station has to dispatch an alarm activation we are always asked by the Police/Fire Dispatcher if we are notifying a key holder or other responsible person of the premise. This will assist in letting authorities into your home or business to do their jobs more efficiently. Sometimes even though we have a call list from the customer, we find that some of the phone numbers are disconnected or no longer in service. In some cases, people that no longer work for a company are still listed. Please remember if you change your phone numbers or persons on the list to call our office at 513-353-3141 and let us know what changes need to be made so we will have up to date information. You can also mail the changes to [ProAlert@fuse.net](mailto:ProAlert@fuse.net).

### Famous Quotes

- "It is easier to do a job right than explain why you did not." *By: Martin Van Buren eighth President of The U.S.A. 1837 to 1841*
- "My Mother never saw the irony in calling me a son-of-a-bitch." *By: Jack Nickolson*
- "Accept the challenges so that you can feel the exhilaration of victory." *By: General George S. Patton*
- "We should measure welfare's success by how many people leave welfare, not by how many are added." *By: President Ronald Reagan*

### Did you Remodel or do an add on?

Did you do any remodeling recently in you home or change or add any rooms? If so, your security system might be in need of updating. You might have a newer part of your home or office that requires additional protection with door or window contacts. An additional motion sensor or two might also be required. Depending on size, your new addition might need added smoke detectors as well. If you have made changes please let us know so a reevaluation of your premise can be done so you have the security protection you need. If its not too late put security in the planning stages so it can be pre-wired in during construction. This can save a lot of future headaches.

## MILITARY SALUTE!

Thanks to all the Men and Women in the Military who served our blessed Country. The Army, Navy, Air Force, Marines, and Coast Guard do their best to secure our borders and protect our every day lives from the attacks of terrorists at home and abroad. We must never forget the sacrifices made by these brave men and women and the many families which lost loved ones in the pursuit of protecting the very freedom we enjoy here in the greatest nation on earth, The United States of America.